

FINAL_2026 January 14, 2025 - Ottawa Area Intergroup Meeting

Opening and Introductions

Chair opened the meeting at 7:00 pm with a moment of silence, followed by the Serenity Prayer.

Reading of the 12 Traditions: Susan B

Roll Call and Vote count: 29 voting Intergroup Reps and 5 voting Board members.

Acceptance of Minutes from the Last Meeting: Carrie D/ Ian L **Approved**.

Acceptance of Agenda: Barb L/ Claire

Reports:

Chair - Kevin M

- Best wishes for coming year
- Previous meeting ran long - received lots of feedback
 - Trying to keep this meeting within 1 hour
- Proposals eligible for voting are fully costed
 - Any "incomplete" proposals can be moved to complete/ voting list with enough added detail
- Reminder of vacant intergroup board positions and importance of filling them

Vice-Chair - VACANT

12 Step Coordinator / TAS - VACANT (Kevin M reporting)

- Dec 10- Jan 13 70% coverage for TAS (slight decrease from November, but to be expected with holidays)
- All voicemails and emails for have been answered
- 94 12-step volunteers, published Dec 1

Treasurer - George W

- **Report below**
- Sold some books
- Decrease in group donations, but finances are still alright
- \$2,500 donated to Alkathon, as voted on at the last meeting.
 - As promised, \$1,500 was returned after event
- New company at Hellenic center
 - Require payment for conferences earlier, meaning we'll be paying for both at the same time
 - For example, \$21,368 due in April (50% of spring conference + 50% fall conference due 6 months ahead of time)

Webmaster - Karol G

- Bugs have been fixed on the new website
 - All meetings have been updated on both (old/ new) sites
 - New website ready to go live soon

Newsletter - George H

- January edition went out this week
- Thanks to stories from Alkathon
- Part 2 of article on Lord's Prayer
- Please contribute stories, poetry, images, etc

Literature - Barry D (ABSENT - Walter H reporting)

- Still covering for Barry. All going fine.

Secretary - Catherine B

- **Attendance below**
- Send any questions for intergroup and any group updates to secretary@ottawaaa.org

Detox Coordinator - Paul D

- Service requirements being met

Area 83 alt - Bill C

- **Report to be included in final version of the minutes**

Spring Conference - Lorrie W

- May 9, 2026 at Hellenic center
- Themed "We grow together: A design for living that really works"
- Banquet cost TBD. Day tickets \$15 advance or \$20 at door
- Panels, workshops, meetings, 3 speakers, live band and dance (dance only attendance by 7th tradition donation), al-anon participation

Alkathon - Kim

- Good participation with over 300 attendees both days
- Grateful for support from intergroup and the community

New Business

- N/A

Old Business

Intergroup Elections

Available roles: vice-chairperson, telephone answering coordination, 12-step coordinator

- Description of roles and sobriety requirement outlined in [Roles and Responsibilities](#)
- **Please spread the word that we need these positions filled**
- Nomination of Walter H for TAS
 - >97% approval (2 in-person votes in favour not counted by system) **Approved**

Proposals for use of excess funds

- An email was sent out to all intergroup reps, alternate reps, and committee liaisons, and intergroup board members prior to the meeting with a link to vote on all proposals, as well as a full description of each proposal
- Top result was \$5,000 for CFT (2026 budget)
 - Would go towards books and literature for detox center, both Maisons, and Royal Ottawa
 - Funding was previously acquired through intergroup and individual groups
 - Motion: Paul D/ Miriam P 88% online + 1 in-person for **Approved**
- Second most votes was \$5,000 toward a unity day
 - Decision deferred to next meeting
 - Note from the chair that there is not yet a committee to organize this day. Someone would need to step up and be responsible for it

Motion to Close: Miriam B/ Lorrie W

Meeting closed at 8:02 with the Responsibility Declaration.

Next meeting: February 11, 2026, at 7:00 pm

Zoom link:

<https://us02web.zoom.us/j/82438786359?pwd=a3FoYVl4eXlJVkVraGtjV3VXM2hOdz09>

Treasurer Report for OAIG – Date Jan 31, 2026

As of DATE: Jan 9, 2025

- Cash in Bank:
 - Chequing Account: \$ 26,703.81
 - High-Interest Savings Account: \$ 20,793.09
- Monthly contributions
- Cash on Hand: \$ 176.90
- EOC Cash on Hand: \$ 11.00
- PayPal: \$ 302.21

- **Total: \$ 47,496.90**

- Prudent Reserve: \$ 30,000
- Bronson Centre Office Upkeep + Renos: \$726.54

- **Available Funds: \$ 17,122.91**

Please see the included Balance Sheet and Profit and Loss reports for deeper financial details and breakdowns.

Bronson Centre Office Renos:

On May 8, 2024, Intergroup voted to allocate \$2,500 towards Bronson Centre office renos and updates. Thus far, we have spent **\$1,773.46**, leaving **\$ 726.54** to be used where/when necessary. This is an update of our expenditures so far:

- Baseboards, caulking - \$ 146.96
- Curtain Rods - \$ 107.31
- Privacy Window Film - \$ 115.24
- Curtains - \$ 257.58
- Door Locks - \$ 336.27
- Desk - \$ 652.01
- WCP 2025 picture \$ 158.09

Should you have any inquiries or require further details concerning this report or any financial matters, please do not hesitate to contact me at treasurer@ottawaaa.org.

Yours in loving service,

George W.

OAIG Treasurer

Ottawa Area Intergroup of Alcoholics Anonymous
 Statement of Activity
 January 1 - January 9, 2026

DISTRIBUTION ACCOUNT	TOTAL
Income	
42000 Literature Sales	\$81.91
42150 Medallions & Other Sales	\$88.49
Other Income	
42250 Group /Individual Contributions	\$1,720.00
Total for Other Income	\$1,720.00
Total for Income	\$1,890.40
Gross Profit	\$1,890.40
Expenses	
51030 Bronson Office Rent & Parking	\$1,010.19
51040 Telephone	\$61.65
51122 Stripe Charges	\$8.00
Total for Expenses	\$1,079.84
Profit	\$810.56

Ottawa Area Intergroup of Alcoholics Anonymous
 Statement of Financial Position
 As of January 9, 2026

DISTRIBUTION ACCOUNT	TOTAL
Assets	
Current Assets	
Cash and Cash Equivalent	
10000 Cash in Bank	\$26,703.81
10005 Savings	\$20,793.09
10550 GIC -Investments	\$0.00
12000 Undeposited Funds	\$0.00
Cash on hand	\$176.90
EOC Cash on hand	\$11.00
PayPal	\$164.65
PayPal Hold	\$0.00
Total for Cash and Cash Equivalent	\$47,849.45
Accounts Receivable (A/R)	
11000 Accounts Receivable	\$0.00
Total for Accounts Receivable (A/R)	\$0.00
12030 Advance-Spring Conference	\$1,000.00
12040 Advance - Eastern Ontario Conference	\$1,000.00
12060 Advance to Canadathon	\$0.00
12100 Inventory Asset	\$0.00
13260 Literature Inventory	\$8,280.10
13270 Medallions and Other Inventory	\$2,933.40
13280 Meeting List Inventory	\$0.00
13290 Grapevine Inventory	\$2,443.00
Total for 12100 Inventory Asset	\$13,656.50
13200 Prepaid Rent Mac Hall	\$0.00
13210 Prepaid Insurance	\$0.00
13211 Prepaid Web Site for AA	\$0.00
13240 Prpd Mc Nabb Sunday Mtng. Rent	\$0.00
13241 Prepaid Rent Bronson	\$1,022.18
13250 Prepaid Legal & Accounting Fees	\$0.00
Credit Card Receivables	\$0.00
Uncategorized Asset	\$0.00
Total for Current Assets	\$64,528.13
Non-current Assets	
Property, plant and equipment	
13410 Office Furniture	\$5,200.65
13420 Accum Dprctn. Office Furniture	-\$5,260.65
13450 Leasehold Improvements	\$15,157.77
13451 Computer Equipment	\$2,496.82
13452 Accum Dprctn Computer Equipment	-\$2,496.82
13460 Accum Dprctn. Leasehold Imp	-\$15,157.77
Total for Property, plant and equipment	-\$60.00
Total for Non-current Assets	-\$60.00
Total for Assets	\$64,468.13

DISTRIBUTION ACCOUNT	TOTAL
Liabilities and Equity	
Liabilities	
Current Liabilities	
Accounts Payable (A/P)	
20000 Accounts Payable	\$158.20
Total for Accounts Payable (A/P)	\$158.20
Credit Card	
BMO Credit Card ****1951	\$0.00
Total for Credit Card	\$0.00
20100 Accrued Liabilities	\$0.00
23000 Payroll Taxes Payable	-\$3.52
23100 Payroll Federal Tax Payable	-\$135.49
23110 CPP Payable	\$3.33
23120 EI Payable	\$135.68
Total for 23000 Payroll Taxes Payable	\$0.00
23130 Salaries and Wages Payable	\$0.00
25500 GST/HST Payable Intrgrp Oprtns.	-\$765.25
25550 GST/HST Payable Spring Conf.	-\$118.98
25560 GST/HST Payable Fall Conf	\$674.43
Total for 25500 GST/HST Payable Intrgrp Oprtns.	-\$209.80
25600 Deferred Sales Revenue	\$0.00
Receiver General Suspense	-\$473.42
Total for Current Liabilities	-\$525.02
Total for Liabilities	-\$525.02
Equity	
30000 Opening Balance Equity	\$0.00
32000 Retained Earnings	\$64,182.59
Profit for the year	\$810.56
Total for Equity	\$64,993.15
Total for Liabilities and Equity	\$64,468.13

Groups In Attendance	2026-January-14
Group	Name
12 & 12 @ 12	
12 & 3 Discussion	
12 Steps to Serenity	Bear D
Alta Vista 12 Step Group	
Attitude of Gratitude	Sandra
Awakening Group	
Aylmer Triple A	
Barrhaven Tuesday Night	
Beacon Hill	Marushka T
Bells Corners Big Book Discussion	
Beginners	
Beyond Belief Secular Group	Eric (alt)
B-United	Barb L
By the Book	Bruce
Carp Fellowship Group	
Carry the Message	Lorrie W
Centennial	
Chelsea Group	
Co-founders Newcomer Meeting	
Conscious Contact - 11th Step Meditation	
East End Group	
Easy Does It Group	
Fellowship Group	
First Avenue to Recovery	
Fourth Dimension	
Freebirds	
Freedom	Peter B
Friday Night Chelsea Big Book	Ray
Friendly	David D
From the Heart	
Gleaning the Big Book	
H.O.P.E. Group	

Hand in Hand	
Happy Hour	
Heritage	Carrie D
Hope in Recovery	
Hull Liberty	
Keep It Simple	
Labyrinth Young Peoples Group	
Laurier-Sandy Hill	
Live and Let Live	
Lunch with Bill	Lilly W
Lunch Bunch	
Manotick Gratitude	
Maitland Step Group	
Men's AA Newcomers Group	
Merivale Group	Miriam P
Metcalfe Last Chance	
Morning Glory	Claire L
New Day	
New Day ONLINE	Randell R
Next Right Thing	
Nouvelle Liberté	
Oasis	
One Day at a Time	
Orleans Hub	
Orleans Noon	
Osgoode Step	
Ottawa Men's Group	
Ottawa South	
Peace and Serenity	
Pinecrest	Kim B
Podium/Hill Group	
Power Hour Virtual	
Queensway Carleton	
Rainbow	
Recovery on the Hill	Mark W
Remember When	

Richmond 11th Step	
Saturday Morning Big Book	Dave B
Saturday Westboro Speaker Meeting	
Search for Serenity	Fraser M
Secular Sobriety Group	
Secular Sundays	
Serenity at Sunrise	
Serenity Group	Brian
Share and Care	
Sisters of Sobriety	Catharine B
Spirit Group	
Spirit of Hope	
Spirit of the Universe	
Step By Step	Ian L
Step Sisters	
Stepping Ahead	Chris M
Steps on Bank	Susan B
Stittsville Second Chance	Grant
Sunday Morning Venture Group	
Sunday Night 12 Step Meeting	
Sunday Night Big Book Study Group - Orleans	Sylvie P
Tuesday/Friday	
Unity Group	
Vanier Early Birds	Chelsea S
Vanier Happy Nooners	
Wakefield AA Awakenings	
We Can Recover	
West End Group	Paul K
Westboro Big Book Study	Yvonne P
Women's Group	
Women in Step	
Voting Reps	29

Attendance (Intergroup Board, Committee Reps, Liaisons)	
Position	Name
Chair	Kevin M
Vice-Chair	VACANT
Secretary	Catherine B
Treasurer	George W
12 Step/ TAS Coordinator	VACANT
Literature Coordinator	ABSENT-Barry D (Walter H reporting)
Website / Email	Karol G
Newsletter Coordinator	George H
Voting Board Members	5
Spring Conference Chair	
Eastern ON Conference Chair	Geraldine H
Intergroup Liaison D62	Stephan P
Intergroup Liaison D54	
Al-anon Liaison	Barb B
Ottawa Withdrawal Management Center	
PI / CPC	
CFT	Paul D
Alt DCM - D62	
Area 83 Alt-Delegate	Bill C
Area 83 Chair	
Eastern Canada Regional Conference	
Guests	
	Darlene

General Service Report from Intergroup Liaison-Alternate Delegate Area 83

January 14, 2026

Ottawa Intergroup Monthly meeting

1. **GSR POWER HOUR WORKSHOPS:** January 20/21, 2026 (3rd Tuesday @ 8pm) Topic: **Responsibilities of a GSR and Service Information Day.** All the sessions are recorded so you can check them out if you happen to miss one that is of interest. Everyone and anyone is welcomed listen to the meeting!
Please note that Area 83 has an updated QR Code for the Area 83 Communications Portal – lots of great information and current news! New content and format.



2. **Area 83. Two Events**
 - a. Virtual Service Information Day 21 February 2026. A day of workshops on General Service. - Lots of really great information related to General Service. This is a great time to organize a watch party with some of your fellow GSR's, sponsees, sponsors, other members! Details and further information on the Area 83 website (area83aa.org). Service Site access Username = Service83 PW = GiveBack.
 - b. Mark your calendar – the Spring Assembly will be held in Kingston on March 27-29, 2026.

3. **General Service Office** – There will be a Special Forum for Deaf A.A. Members on



Saturday January 17, 2026. Access by scanning this QR Code  or clicking this [Link](#)

There are new Young People Shorts and Service Cards that have just been updated and released (currently available in English only). Here is a QR code to the page on aa.org.



Can't stop drinking?
AA.ORG **FIND A MEETING:**

AA.ORG/MEETING-GUIDE-APP

**It's never too early
to ask for help.**

VIDEO RESOURCES:

AA.ORG/RESOURCES/MEDIA