

Meeting Types

12x12	12 Steps & 12 Traditions
A	Secular
B	Big Book
BE	Newcomer
C	Closed
D	Discussion
EN	English
FF	Fragrance Free
FR	French
M	Men
MED	Meditation
O	Open
SEN	Seniors
SP	Speaker
ST	Step Study
TR	Tradition Study
W	Women
X	Wheelchair Access
XB	Wheelchair-Accessible Bathroom

Sunday

CORNWALL

- 11 am **Sunday Morning Group** O, SP, X
Cornwall Legion, 415 Second St W, Cornwall, ON K6J 1H2, Canada
- 7 pm **Sunday Night Grapevine** O, X
Trinity Church, 105 Second St W, Cornwall, ON K6J 1G4, Canada

KEMPTVILLE

- 10 am **Sunday Morning Study Group** D, O
The Salvation Army Community Services, 2 Oxford St W, Kemptville, ON K0G 1J0, Canada

MORRISBURG

- 7 pm **Serenity Big Book Study Group** B, C, D
St. Johns Anglican Church, 20 High St, Morrisburg, ON K0C 1X0, Canada

OTTAWA

- 7:30 am **New Day Meeting** C, D
St. Pauls Presbyterian Church, 971 Woodroffe Ave, Ottawa, ON K2A 3G9, Canada
- Noon **Vanier Happy Nooners** C, D
Richelieu-Vanier Community Centre, 300 Pères-Blancs Ave, Ottawa, ON K1L 7L5, Canada
- 7 pm **Merivale Group** C, D, X
St. Marks Anglican Church, 1606 Fisher Ave, Ottawa, ON K2C 1X6, Canada

OTTAWA: ALTA VISTA

- 10 am **Hope in Recovery** C, D, X
Hometown Grill-private room at the back, 1525 Bank St, Ottawa, ON K1H 7Z1, Canada

OTTAWA: BELLS CORNERS

- 10 am **Share and Care** O, SP, X
Royal Canadian Legion, 4026 Old Richmond Rd, Nepean, ON K2R 1H7, Canada

OTTAWA: DOWNTOWN

- 7 pm **Spirit of Hope** C, D
First Baptist Church, 140 Laurier Ave W, Ottawa, ON K2P 1L4, Canada

OTTAWA: GLEBE

- 8 pm **First AAvenue to Recovery** C, D
St. Giles Church, 181 First Ave, Ottawa, ON K1S 3V3, Canada

OTTAWA: KANATA

- 7:15 pm **We Can Recover** B, C, D, X
St. Pauls Anglican Church, 20 Young Rd, Kanata, ON K2L 1W1, Canada

OTTAWA: KINBURN

- 7:30 pm **Kinburn Big Book** C, D, X
Kinburn Community Centre, 3045 Kinburn Side Rd, Kinburn, ON K0A 2H0, Canada

OTTAWA: ORLEANS

- 8 pm **Sunday Night Big Book Study Group** C, D, X
Bob MacQuarrie Recreation Complex, 1490 Youville Dr, Orléans, ON K1C 2X8, Canada

OTTAWA: OVERBROOK

- 10 am **Hand in Hand** EN, O, SP, X
Overbrook Community Centre, 33 Quill St, Ottawa, ON K1K 1S3, Canada

OTTAWA: RICHMOND

- 8 pm **Richmond 11th Step** B, D, O, X
St. John the Baptist Church, 67 Fowler St, Richmond, ON K0A 2Z0, Canada

OTTAWA: SANDY HILL

- 10 am **Fraternité** FR, O, SP, X
Sandy Hill Community Centre, 250 Rue Somerset St E, Ottawa, ON K1N 6V6, Canada

OTTAWA: VANIER

- 7 pm **Living Sober with Serenity** C, D
Vanier Community Church, 155 Carillon St, Vanier, ON K1L 5X9, Canada

OTTAWA: WESTBORO

- 8 pm **Sunday Night 12 Step Meeting** C, D, X
All Saints Church, 347 Richmond Rd, Ottawa, ON K2A 0E7, Canada

RENFREW

- 7:30 pm **Serenity Group** C, D, X
Trinity St. Andrews Church, 291 Plaunt St S, Renfrew, ON K7V 1N2, Canada

SOUTH MOUNTAIN

- 7 pm **Big Book Study Group** D, O
South Mountain United Church, 10535 Main St, South Mountain, ON K0E 1W0, Canada

Monday

<u>ARNPRIOR</u>		
Noon	Living Sober First Baptist Church, 279 Alicia St, Arnprior, ON K7S 1H6, Canada	D, EN, O
<u>BANCROFT</u>		
8 pm	Bancroft New Hope Group Our Lady of Mercy Catholic Church, 196 Bridge St W, Bancroft, ON K0L 1C0, Canada	D, O, SP
<u>CORNWALL</u>		
Noon	The Nooners Group Wesleyan Church, 780 Sydney St, Cornwall, ON K6H 3J6, Canada	D, O, X
8 pm	5th Tradition of Cornwall Meeting Knights of Columbus, 205 Amelia St, Cornwall, ON K6H 3P3, Canada	
<u>EGANVILLE</u>		
8 pm	Gold Bond Group St. James the Less Catholic Church, 78 Wellington St, Eganville, ON K0J 1T0, Canada	O, SP
<u>GATINEAU: AYLMER</u>		
7:30 pm	Aylmer Triple A St. Andrews Presbyterian Church, 1 Chem. Eardley, Gatineau, QC J9H 7V5, Canada	C, D
<u>GREELY</u>		
7:30 pm	Experience, Strength and Hope Parkway Church, 7275 Parkway Rd, Greely, ON K4P 1K7, Canada	D, O, SP
<u>LONG SAULT</u>		
7 pm	Long Sault Meeting Christ Church Seaway, 3 Mille Roches Rd, Long Sault, ON K0C 1P0, Canada	C, D
<u>OTTAWA</u>		
7:30 am	New Day Meeting St. Pauls Presbyterian Church, 971 Woodroffe Ave, Ottawa, ON K2A 3G9, Canada	C, D
Noon	Vanier Happy Nooners Richelieu-Vanier Community Centre, 300 Pères-Blancs Ave, Ottawa, ON K1L 7L5, Canada	C, D
12:30 pm	The H.O.P.E. Group Trinity United Church, 1099 Maitland Ave, Ottawa, ON K2C 2B8, Canada	C, D
1 pm	Womens Group East Gate Alliance Church, 550 Codd's Rd, Ottawa, ON K1K 2G8, Canada	C, D, W, X
7 pm	Unity Group East Gate Alliance Church, 550 Codd's Rd, Ottawa, ON K1K 2G8, Canada	C, D, X
7 pm	East End Group Richelieu-Vanier Community Centre, 300 Pères-Blancs Ave, Ottawa, ON K1L 7L5, Canada	C, D, X
7:30 pm	Vankleek Hill 12 Steps Trinity United Church, 14 Mill St, Vankleek Hill, ON K0B 1R0, Canada	C
8 pm	Step By Step St. Stephens Church, 579 Parkdale Ave, Ottawa, ON K1Y 4K1, Canada	C, D, X
<u>OTTAWA: ALTA VISTA</u>		
8 pm	Oasis Rideau Park United Church, 2203 Alta Vista Dr, Ottawa, ON K1H 7L9, Canada	BE, EN, O, SP, X
<u>OTTAWA: BELLS CORNERS</u>		
7 pm	Crossroads Bells Corners United Church, 3955 Old Richmond Rd, Nepean, ON K2H 5C5, Canada	C, D, X
<u>OTTAWA: CENTRETOWN</u>		
6 pm	Carry the Message McNabb Community Centre, 180 Percy St, Ottawa, ON K1R 6E5, Canada	O, SP, X
<u>OTTAWA: DOWNTOWN</u>		
Noon	Monday-Friday Lunch Bunch Bronson Centre, 211 Bronson Ave, Ottawa, ON K1R 6H5, Canada	B, C, D, X
<u>OTTAWA: ORLEANS</u>		
7:30 pm	Orléans Paroisse Sainte-Marie d-Orléans, 4831 Innes Rd, Orléans, ON K4A 4B3, Canada	C, FR, X
8 pm	Where it all Begins Redeemer Alliance Church, 4825 Innes Rd, Orléans, ON K4A 4J3, Canada	C, D, SP
<u>OTTAWA: SANDY HILL</u>		
6 pm	AA on Campus Minto Building Room C211, 801 King Edward Ave, Ottawa, ON K1N 6N5, Canada	C, D

OTTAWA: WESTBORO

Noon **Lunch with Bill** C, D, X
Westminster Presbyterian Church, 470 Roosevelt Ave, Ottawa, ON K2A 1Z6, Canada

OTTAWA: WOODROFFE

10 am **Morning Glory** B, C, D, X
Woodroffe United Church, 207 Woodroffe Ave, Ottawa, ON K2A 3V1, Canada

7:30 pm **Pinecrest** O, SP
Our Lady of Fatima Church, 153 Woodroffe Ave, Ottawa, ON K2A 3T8, Canada

PRESCOTT

8 pm **Prescott-South Grenville** C, D, X
St. Andrews Presbyterian Church, 425 Centre St, Prescott, ON K0E 1T0, Canada

RENFREW

7:30 pm **Keep it Simple Group** O, SP, X
Trinity St. Andrews Church, 291 Plaunt St S, Renfrew, ON K7V 1N2, Canada

RUSSELL

7:30 pm **Russell Goodwill** B, C, D, ST
St. Marys Anglican Church, 139 Castor St, Russell, ON K4R 1E5, Canada

SHAWVILLE

7 pm **Shawville Group** O, SP
St. Pauls Anglican Church, 530 Rue Main, Shawville, QC J0X 2Y0, Canada

WILLIAMSTOWN

7:30 pm **Williamstown Group** D, EN, O, X, XB
SD&G Library, 19641 County Rd 19, Williamstown, ON K0C 2J0, Canada

Tuesday

7:30 pm	Beachburg New Freedom Group Beachburg Lions Hall, 7 Hannah St, Beachburg, ON K0J 1C0, Canada	C, D
<u>BANCROFT: PAUDASH</u>		
7 pm	Paudash Serenity Group St. Marks United Church, 173 Paudash Lake Rd, Bancroft, ON K0L 1C0, Canada	C, D, X
<u>CORNWALL</u>		
7 pm	Men's Group First Baptist Church, 310 York St, Cornwall, ON K6J 3Z3, Canada	O, SP, X
8 pm	5th Tradition Group Knights of Columbus, 205 Amelia St, Cornwall, ON K6H 3P3, Canada	12x12, C, D
<u>GATINEAU: HULL</u>		
7:30 pm	Hull Liberty Eglise Evangélique Source de Vie, 20 Rue Hanson, Gatineau, QC J8Y 3M3, Canada	12x12, D, O
<u>OTTAWA</u>		
7:30 am	New Day Meeting St. Pauls Presbyterian Church, 971 Woodroffe Ave, Ottawa, ON K2A 3G9, Canada	C, D
Noon	Vanier Happy Nooners Richelieu-Vanier Community Centre, 300 Pères-Blancs Ave, Ottawa, ON K1L 7L5, Canada	C, D
6 pm	Sisters of Sobriety St. Pauls Presbyterian Church, 971 Woodroffe Ave, Ottawa, ON K2A 3G9, Canada	C, D, FF, W
7 pm	Unity Group East Gate Alliance Church, 550 Codd's Rd, Ottawa, ON K1K 2G8, Canada	C, D, X
8 pm	Freedom Kitchissippi United Church, 630 Island Park Dr, Ottawa, ON K1Y 0B7, Canada	O, SP, X
8 pm	Heritage St. Pauls Presbyterian Church, 971 Woodroffe Ave, Ottawa, ON K2A 3G9, Canada	C, D, X
<u>OTTAWA: BARRHAVEN</u>		
8 pm	Barrhaven Tuesday Night Group Barrhaven United Church, 3013 Jockvale Rd, Nepean, ON K2J 4E4, Canada	C, D, X
<u>OTTAWA: BEACON HILL</u>		
7 pm	Beacon Hill St. Gabriel Church, 55 Appleford St, Gloucester, ON K1J 6T6, Canada	C, D, X
<u>OTTAWA: CENTRETOWN</u>		
7:30 pm	Tuesday/Friday Jack Purcell Community Centre, 320 Jack Purcell Ln, Ottawa, ON K2P 1M4, Canada	O, SP, X
<u>OTTAWA: DOWNTOWN</u>		
Noon	Monday-Friday Lunch Bunch Bronson Centre, 211 Bronson Ave, Ottawa, ON K1R 6H5, Canada	C, D, X
12:15 pm	The Podium/Hill Group St. Andrews Church, 82 Kent St, Ottawa, ON K1R 7X9, Canada	C, D
<u>OTTAWA: GLEBE</u>		
7:30 pm	Attitude of Gratitude Womens Group St. Giles Church, 181 First Ave, Ottawa, ON K1S 3V3, Canada	C, D, W, X
<u>OTTAWA: HINTONBURG</u>		
7:30 pm	B-United Hintonburg Community Centre, 1064 Wellington St. W, Ottawa, ON K1Y 2Y3, Canada	C, D, X
<u>OTTAWA: NEPEAN</u>		
Noon	12 & 12 @ 12 Julian of Norwich Anglican Church, 7 Rossland Ave, Ottawa, ON K2G 2K2, Canada	C, D, X
<u>OTTAWA: ORLEANS</u>		
8:10 pm	Stepping Ahead Roy G. Hobbs Community Centre, 109 Larch Crescent, Orléans, ON K1E 1A2, Canada	C, D
<u>OTTAWA: SANDY HILL</u>		
7 pm	Secular Sobriety Group Sandy Hill Community Centre, 250 Rue Somerset St E, Ottawa, ON K1N 6V6, Canada	A, C, D, X
<u>OTTAWA: STITTSVILLE</u>		
8 pm	Stittsville Second Chance St. Thomas Anglican Church, 1619 Stittsville Main St, Stittsville, ON K2S 1N5, Canada	C, D

WAKEFIELD

7 pm **Wakefield AA Awakenings**
Eglise La Pêche, 889 Chem. Riverside, Wakefield, QC J0X 3G0, Canada

C, D, X

WHITE LAKE

7:30 pm **White Lake Group**
St. Andrews United Church, 3 Burnstown Rd, White Lake, ON K0A 3L0, Canada

C, D

WINCHESTER

8:30 pm **Winchester**
Winchester United Church, 519 St Lawrence St, Winchester, ON K0C 2K0, Canada

O, SP

Wednesday

7:30 pm	Sunray's St. Paul's Presbyterian Church, 166 John St, Hawkesbury, ON K6A 1X9, Canada	SP
<u>ARNPRIOR</u>		
Noon	As Bill Sees It Meeting First Baptist Church, 279 Alicia St, Arnprior, ON K7S 1H6, Canada	C, D
7 pm	Steps & Traditions Group St. John Chrysostom Church, 295 Albert St, Arnprior, ON K7S 2M7, Canada	C, D, X
<u>CORNWALL</u>		
7 pm	Sunshine Group First Baptist Church, 310 York St, Cornwall, ON K6J 3Z3, Canada	C, D, EN
8 pm	5th Tradition Group Knights of Columbus, 205 Amelia St, Cornwall, ON K6H 3P3, Canada	12x12, C, D
<u>EGANVILLE</u>		
7 pm	Big Book Study Killaloe Seniors Friendship Club, 12 Lake St, Killaloe, ON K0J 2A0, Canada	B, D, SEN, X
<u>GATINEAU: AYLMER</u>		
8 pm	Joy of Living Christ Church Aylmer, 101 Rue Symmes, Gatineau, QC J9H 3K6, Canada	O, SP
<u>KEMPTVILLE</u>		
8 pm	Kemptville Gratitude Group St. Paul's Presbyterian Church, 319 Prescott St, Kemptville, ON K0G 1J0, Canada	C, D, ST, X
<u>MORRISBURG</u>		
8 pm	12 and 12 St. Marys Church, 31 Meikle St, Morrisburg, ON K0C 1X0, Canada	C, D
<u>OTTAWA</u>		
7:30 am	New Day Meeting St. Pauls Presbyterian Church, 971 Woodroffe Ave, Ottawa, ON K2A 3G9, Canada	C, D
Noon	Vanier Happy Nooners Richelieu-Vanier Community Centre, 300 Pères-Blancs Ave, Ottawa, ON K1L 7L5, Canada	C, D
12:30 pm	The H.O.P.E. Group Trinity United Church, 1099 Maitland Ave, Ottawa, ON K2C 2B8, Canada	C, D
7 pm	East End Richelieu-Vanier Community Centre, 300 Pères-Blancs Ave, Ottawa, ON K1L 7L5, Canada	C, D
7:15 pm	Namaste Meditation Meeting St. Pauls Presbyterian Church, 971 Woodroffe Ave, Ottawa, ON K2A 3G9, Canada	MED, O, X
8 pm	Ottawa Mens Group St. Pauls Presbyterian Church, 971 Woodroffe Ave, Ottawa, ON K2A 3G9, Canada	C, D, M
8:30 pm	Trinity Group Trinity United Church, 1099 Maitland Ave, Ottawa, ON K2C 2B8, Canada	C, D
<u>OTTAWA: CENTRETOWN</u>		
7:30 pm	Beginners Jack Purcell Community Centre, 320 Jack Purcell Ln, Ottawa, ON K2P 1M4, Canada	C, D, X
<u>OTTAWA: DOWNTOWN</u>		
Noon	Monday-Friday Lunch Bunch Bronson Centre, 211 Bronson Ave, Ottawa, ON K1R 6H5, Canada	C, D, X
<u>OTTAWA: FITZROY HARBOUR</u>		
8 pm	Harbour Group Bethel St. Andrews United Church, 184 Jack Loughheed Wy, Ottawa, ON K0A 1X0, Canada	C, D, X
<u>OTTAWA: HINTONBURG</u>		
8 pm	Hintonburg Group Hintonburg Community Centre, 1064 Wellington St. W, Ottawa, ON K1Y 2Y3, Canada	D, O, SP, X
<u>OTTAWA: KANATA</u>		
7 pm	Co-founders Newcomer Meeting Kanata Community Christian Reformed Church, 46 Castlefrank Rd, Kanata, ON K2L 4B4, Canada	BE, C, D, X
<u>OTTAWA: OLD OTTAWA SOUTH</u>		
8 pm	Ottawa South Southminster United Church, 15 Aylmer Ave, Ottawa, ON K1S 2W8, Canada	C, D
<u>OTTAWA: ORLEANS</u>		
7 pm	Search for Serenity Orleans Grace Presbyterian Church, 1220 Old 10 Line Rd, Orléans, ON K4A 1Y3, Canada	C, D, X

OTTAWA: OSGOOD

8 pm **Osgoode Step** C, D, ST, X
St. Brigid Church, 2015 River Rd, Manotick, ON K4M 1B4, Canada

OTTAWA: OVERBROOK

8 pm **Renaissance** FR, O, SP, X
Overbrook Community Centre, 33 Quill St, Ottawa, ON K1K 1S3, Canada

OTTAWA: WOODROFFE

10 am **Morning Glory** C, D, X
Woodroffe United Church, 207 Woodroffe Ave, Ottawa, ON K2A 3V1, Canada

RENFREW

Noon **Lunch Bunch** D, O, X
Trinity St. Andrews Church, 291 Plaunt St S, Renfrew, ON K7V 1N2, Canada

8 pm **Renfrew Group** C, D, X
Trinity St. Andrews Church, 291 Plaunt St S, Renfrew, ON K7V 1N2, Canada

ROCKLAND

8 pm **Rockland Hometown Group** C, D, ST, X
St. Trinity Catholic Church, 2178 Laurier St, Rockland, ON K4K 1L2, Canada

WHITNEY

8 pm **Whitney East Gate Group** D, O, X
Seniors Centre, 9 Third Ave, Whitney, ON K0J 2M0, Canada

Thursday

7 pm	Hilltop Slippers Knox Church, 29 High St, Vankleek Hill, ON K0B 1R0, Canada	BE, O, X, XB
<u>ARNPRIOR</u>		
7:30 pm	Turning Point Group First Baptist Church, 279 Alicia St, Arnprior, ON K7S 1H6, Canada	O, SP
<u>CASSELMAN</u>		
7 pm	A Better Place To Be Paul-Émile Lévesque Centre, 756 Brebeuf St, Casselman, ON K0A 1M0, Canada	C, D, X, XB
<u>COBDEN</u>		
8 pm	Way of Life Group Grace United Church, 27 Main St, Cobden, ON K0J 1K0, Canada	O, SP
<u>CORNWALL</u>		
8 pm	Seaway International Trinity Church, 105 Second St W, Cornwall, ON K6J 1G4, Canada	C, X
<u>MAYNOOTH</u>		
8 pm	Maynooth Group Maynooth United Church, 105 Church St, Maynooth, ON K0L 2S0, Canada	O, SP, ST
<u>MORRISBURG</u>		
7 pm	Morrisburg Gratitude Lakeshore United Church, 19 Lakeshore Dr, Morrisburg, ON K0C 1X0, Canada	O, SP
<u>OTTAWA</u>		
7:30 am	New Day Meeting St. Pauls Presbyterian Church, 971 Woodroffe Ave, Ottawa, ON K2A 3G9, Canada	C, D
Noon	Vanier Happy Nooners Richelieu-Vanier Community Centre, 300 Pères-Blancs Ave, Ottawa, ON K1L 7L5, Canada	C, D
7 pm	Easy Does It Group East Gate Alliance Church, 550 Codd's Rd, Ottawa, ON K1K 2G8, Canada	C, D, X
7:30 pm	The Steps on Bank St Giles Church, 729 Bank St, Ottawa, ON K1P 6M6, Canada	12x12, B, C, X
7:30 pm	Women in Step St. Pauls Presbyterian Church, 971 Woodroffe Ave, Ottawa, ON K2A 3G9, Canada	C, D, FF, TR, W
8 pm	Recovery on the Hill Parkwood Presbyterian Church, 10 Chesterton Dr, Nepean, ON K2E 5S9, Canada	O, SP
<u>OTTAWA: ALTA VISTA</u>		
7:30 pm	12 Steps to Serenity Rideau Park United Church, 2203 Alta Vista Dr, Ottawa, ON K1H 7L9, Canada	D, O, ST, X
<u>OTTAWA: CARP</u>		
8 pm	Carp Fellowship Group Old Carp Memorial Hall, 434 Donald B. Munro Dr, Carp, ON K0A 1L0, Canada	O, SP, X
<u>OTTAWA: CENTRETOWN</u>		
8 pm	From the Heart McNabb Community Centre, 180 Percy St, Ottawa, ON K1R 6E5, Canada	12x12, B, D, X
<u>OTTAWA: DOWNTOWN</u>		
Noon	Monday-Friday Lunch Bunch Bronson Centre, 211 Bronson Ave, Ottawa, ON K1R 6H5, Canada	C, D, X
<u>OTTAWA: HINTONBURG</u>		
7 pm	Beyond Belief Secular Group Hintonburg Community Centre, 1064 Wellington St. W, Ottawa, ON K1Y 2Y3, Canada	A, C, D
<u>OTTAWA: METCALFE</u>		
8 pm	Metcalfe Last Chance Holy Trinity Anglican Church, 8140 Victoria St, Metcalfe, ON K0A 2P0, Canada	O, SP, X
<u>OTTAWA: NEPEAN</u>		
7:30 pm	West End Britannia United Church, 985 Pinecrest Rd, Ottawa, ON K2B 6B4, Canada	D, FF, O, SP, X, XB
7:30 pm	Gleaning the Big Book City View United Church, 6 Epworth Ave, Nepean, ON K2G 2M3, Canada	B, C, D
<u>OTTAWA: ORLEANS</u>		
8 pm	Orleans Hub Roy G. Hobbs Community Centre, 109 Larch Crescent, Orléans, ON K1E 1A2, Canada	O, SP

OTTAWA: SANDY HILL

7:30 pm **Laurier-Sandy Hill**
St. Josephs Parish, 151 Laurier Ave. E, Ottawa, ON K1N 6N8, Canada

D, O

PRESCOTT

7:30 pm **The Prescott Grenville Group**
St. Andrews Presbyterian Church, 425 Centre St, Prescott, ON K0E 1T0, Canada

C, D, ST

Friday

BARRYS BAY

7:30 pm **Barrys Bay Group** D, O
Madawaska Valley Association for Community Living, 19491 Opeongo Line, Barry's Bay, ON K0J 1B0, Canada

CHELSEA

7 pm **Friday Night Chelsea Big Book Meeting** C, D
Mary Magdalene Church, 537 Rte 105, Chelsea, QC J9B 1L2, Canada

CORNWALL

Noon **The Nooners Group** D, O, X
Wesleyan Church, 780 Sydney St, Cornwall, ON K6H 3J6, Canada

8 pm **5th Tradition of Cornwall Meeting**
Knights of Columbus, 205 Amelia St, Cornwall, ON K6H 3P3, Canada

CORNWALL: CHUTE-À-BLONDEAU

7:30 pm **Friday Night Week-Enders Group** C, D
St-Joachim Catholic Church, Front Rd, Chute-à-Blondeau, ON K0B 1B0, Canada

DOUGLAS

8 pm **Douglas Group** O, SP, X
Barr Line Community Centre, 1766 Barr Line, Douglas, ON K0J 1S0, Canada

IROQUOIS

8 pm **Riverview Group** C, D, X
Riverview Presbyterian Church, 22 Church Ave, Iroquois, ON K0E 1K0, Canada

KEMPTVILLE

8 pm **Kemptville Friday** 12x12, C, D, ST, X
St. Paul's Presbyterian Church, 319 Prescott St, Kemptville, ON K0G 1J0, Canada

OTTAWA

7:30 am **New Day Meeting** C, D
St. Pauls Presbyterian Church, 971 Woodroffe Ave, Ottawa, ON K2A 3G9, Canada

8 am **Unity Group** C, D, X
East Gate Alliance Church, 550 Codd's Rd, Ottawa, ON K1K 2G8, Canada

Noon **Vanier Happy Nooners** C, D
Richelieu-Vanier Community Centre, 300 Pères-Blancs Ave, Ottawa, ON K1L 7L5, Canada

12:30 pm **The H.O.P.E. Group** C, D
Trinity United Church, 1099 Maitland Ave, Ottawa, ON K2C 2B8, Canada

7 pm **East End** C, D
Richelieu-Vanier Community Centre, 300 Pères-Blancs Ave, Ottawa, ON K1L 7L5, Canada

OTTAWA: ALTA VISTA

8 pm **Alta Vista Open Door** EN, O, SP, X, XB
Immaculate Heart of Mary Church, 1758 Alta Vista Dr, Ottawa, ON K1G 0G6, Canada

OTTAWA: BELLS CORNERS

7 pm **Bells Corners Big Book Discussion** B, C, D
Christ Church Bells Corners, 3861 Old Richmond Rd, Nepean, ON K2H 5C1, Canada

OTTAWA: CENTRETOWN

7:30 pm **Tuesday/Friday** C, D, X
Jack Purcell Community Centre, 320 Jack Purcell Ln, Ottawa, ON K2P 1M4, Canada

OTTAWA: DOWNTOWN

Noon **Monday-Friday Lunch Bunch** C, D, X
Bronson Centre, 211 Bronson Ave, Ottawa, ON K1R 6H5, Canada

OTTAWA: MANOTICK

8 pm **Manotick Gratitude** O, SP
Knox Presbyterian Church, 5533 Dickinson St, Manotick, ON K4M, Canada

OTTAWA: NEPEAN

7:30 pm **By the Book** B, O, SP
St. Basils Church, 940 Rex Ave, Ottawa, ON K2A 2P7, Canada

OTTAWA: OLD OTTAWA SOUTH

7 pm **Conscious Contact - 11th Step Meditation** MED, O, X
Southminster United Church, 15 Aylmer Ave, Ottawa, ON K1S 2W8, Canada

OTTAWA: ORLEANS

Noon **Orleans Noon** C, D, X
Orleans United Church, 1111 Orléans Blvd, Orléans, ON K1C 1Z8, Canada

OTTAWA: WESTBORO

Noon **Lunch with Bill** C, D, X
Westminster Presbyterian Church, 470 Roosevelt Ave, Ottawa, ON K2A 1Z6, Canada

7 pm **Step Sisters** C, D, W, X
All Saints Church, 347 Richmond Rd, Ottawa, ON K2A 0E7, Canada

OTTAWA: WOODLAWN

7:30 pm **Woodlawn** C, D
St. Thomas Anglican Church, 3794 Woodkilton Rd, Woodlawn, ON K0A 3M0, Canada

OTTAWA: WOODROFFE

10 am **Morning Glory** B, C, D, X
Woodroffe United Church, 207 Woodroffe Ave, Ottawa, ON K2A 3V1, Canada

ROCKLAND

4 pm **Rockland Hometown Group** C, D, X
St. Trinity Catholic Church, 2178 Laurier St, Rockland, ON K4K 1L2, Canada

Saturday

<u>ARNPRIOR</u>		
7 pm	Saturday Night Group St. John Chrysostom Church, 295 Albert St, Arnprior, ON K7S 2M7, Canada	D, O, X
<u>CORNWALL</u>		
10:30 am	New Beginners Group Trinity Church, 105 Second St W, Cornwall, ON K6J 1G4, Canada	O, X
7 pm	Serenity Group First Baptist Church, 310 York St, Cornwall, ON K6J 3Z3, Canada	O, SP, X
<u>MORRISBURG</u>		
11 am	The Morrisburg Big Book Study Group Morrisburg Presbyterian Church, 10 First St, Morrisburg, ON K0C 1X0, Canada	B, C, D, X
<u>OTTAWA</u>		
7:30 am	New Day Meeting St. Pauls Presbyterian Church, 971 Woodroffe Ave, Ottawa, ON K2A 3G9, Canada	C, D
8 am	Unity Group East Gate Alliance Church, 550 Codd's Rd, Ottawa, ON K1K 2G8, Canada	C, D, X
8 am	Vanier Early Birds Richelieu-Vanier Community Centre, 300 Pères-Blancs Ave, Ottawa, ON K1L 7L5, Canada	C, D, EN, X
9:30 am	Saturday Morning Big Book St. Stephens Church, 579 Parkdale Ave, Ottawa, ON K1Y 4K1, Canada	C, D, X
Noon	Vanier Happy Nooners Richelieu-Vanier Community Centre, 300 Pères-Blancs Ave, Ottawa, ON K1L 7L5, Canada	C, D
7 pm	Easy Does It Group East Gate Alliance Church, 550 Codd's Rd, Ottawa, ON K1K 2G8, Canada	C, D, X
7 pm	The Next Right Thing St. Pauls Presbyterian Church, 971 Woodroffe Ave, Ottawa, ON K2A 3G9, Canada	C, D
<u>OTTAWA: CENTRETOWN WEST</u>		
10 pm	The Labyrinth Young Peoples Group McPhail Memorial Baptist Church, 249 Bronson Ave, Ottawa, ON K1R 6H6, Canada	C, D
<u>OTTAWA: GLEBE</u>		
11 am	Friendly St. Giles Church, 181 First Ave, Ottawa, ON K1S 3V3, Canada	O, SP
3 pm	Men's AA Newcomers Group St. Giles Church, 181 First Ave, Ottawa, ON K1S 3V3, Canada	BE, C, D, M, ST
<u>OTTAWA: HINTONBURG</u>		
8 pm	Fellowship Parkdale United Church, 429 Parkdale Ave, Ottawa, ON K1Y 1H3, Canada	O, SP
<u>OTTAWA: NORTH GOWER</u>		
7 pm	Fourth Dimension Cornerstone Wesleyan Church, 6556 Prince of Wales Dr, North Gower, ON K0A 2T0, Canada	B, D, O
<u>OTTAWA: ORLEANS</u>		
8 am	Freebirds Queenswood Heights Community Centre, 1485 Duford Dr, Orléans, ON K1E 1G1, Canada	C, D, X
<u>OTTAWA: OVERBROOK</u>		
Noon	Midi-Vanier Overbrook Community Centre, 33 Quill St, Ottawa, ON K1K 1S3, Canada	C, D, FR, X, XB
<u>OTTAWA: SANDY HILL</u>		
8 pm	Je suis responsable Sandy Hill Community Centre, 250 Rue Somerset St E, Ottawa, ON K1N 6V6, Canada	FR, O, SP, X
<u>OTTAWA: STITTSVILLE</u>		
9 am	Serenity at Sunrise Fringewood Community Centre, Fringewood Park and Community Centre, 14 Fringewood Dr, Ottawa, ON K2S 1T4, Canada	B, C, D
<u>OTTAWA: WESTBORO</u>		
9 am	Westboro Big Book Study - Joe and Charlie All Saints Church, 347 Richmond Rd, Ottawa, ON K2A 0E7, Canada	C, D, X
11 am	Saturday Westboro Speaker Meeting All Saints Church, 347 Richmond Rd, Ottawa, ON K2A 0E7, Canada	SP

OTTAWA: WOODLAWN

6:30 pm **Happy Destiny 12 Step Beach Meeting**
Beach, 486 Bayview Dr, Ottawa, ON K0A 3M0, Canada

C, D, ST

RUSSELL

8 pm **Russell Saturday Night**
Russell United Church, 38 Mill St, Russell, ON K4R 1E2, Canada

B, C