

#### FINAL\_2024 January 8 - Ottawa Area Intergroup Meeting

#### **Opening and Introductions**

Chair opened the meeting at 7:00 pm with a moment of silence, followed by the Serenity Prayer.

Reading of the 12 Traditions.

Roll Call and Voter count: 25 Intergroup Reps and 7 Board members.

#### Acceptance of Minutes from the Last Meeting:

December Minutes:Steve H B-United , Second: Catherine B Labyrinth Approved.

Acceptance of Current Agenda: Paul Serenity at Sunrise, Nicki Merivale Approved

#### Elections:

Intergroup Vice-Chair - Jeff L. Freedom 28/33 in favour - Elected

Spring Conference - No candidate

Newsletter - No candidate

12 step Coordinator - No candidate

#### Reports:

Chair - John D.

- Attended East-a-thon Christmas and New Year's Day
- Alkathon 2024 planning underway
- Thank you to Eric S for his contributions as the previous Telephone Answering Coordinator

#### Webmaster - Paul D.

Link to Report

#### Treasurer - Stephan P.

- Cash in Bank: \$30,641.76
- GIC Investments: \$12,932.01
- Cash on Hand: \$219.00
- PayPal/PayPal Hold: \$0.00
- Total: \$43,792.77
- Total initial investment: \$12,932.01
- GIC #1: Valued at \$9,227.12, maturing on February 7, 2024.
- GIC #2: Valued at \$5,017.80, maturing on November 22, 2024.
- Total Current Valuation: \$14,244.92
- Detail Report below



#### Newsletter - Dawn-Marie

- Always looking for contributions to the newsletter
- Looking for new Newsletter Coordinator
- Sign-up for newsletter via ottawa.org or newsletter@ottawaaa.org

#### 12-Step - Steve R

- 66 volunteers (5 new from D48)
- 2 12 step dispatch

#### Telephone Answering Service - Steve R

- only 50% of shifts covered
- Problems with telephone password
  - o information to be sent to volunteers

#### Literature - Walter

- 2 5 orders per week
- working on automated reporting
- Thanks to Al for his help

#### OWMC - Pauline

- Looking for 6 volunteers a week
- No sobriety time required to volunteer and host a meeting

#### Secretary - Dick G.

- Send Intergroup Rep updates to secretary@ottawaaa.org
- Attendance below

#### Area 83 Update - Amy L.

• Report attached

#### New Business:

- Nicky D intergroup needs to investigate how to reach out of other language groups
  Walter Big Book in other languages is available
- Thomas G looking where to purchase specialty chips
  - Walter no local supplier

Meeting closed at 7:58 PM with the Responsibility Declaration.

#### Next meeting: February 14, 2024, at 7:00 pm

#### <u>Zoom link:</u>

https://us02web.zoom.us/j/82438786359?pwd=a3FoYVI4eXIJVkVraGtjV3VXM2hOdz09

## Treasurer Report for OAIG – Jan. 10, 2024



As of January 10, 2024:

- Cash in Bank: \$30,641.76
- GIC Investments: \$12,932.01
- Cash on Hand: \$219.00
- PayPal/PayPal Hold: \$0.00
- Total: \$43,792.77

Dear Intergroup Representatives and Board Members,

I'm preparing to deposit all outstanding cheques and cash into the Intergroup bank account this coming Sunday. Recent health challenges have temporarily affected my mobility, preventing earlier visits to the office. Thankfully, I'm feeling better now and am eager to ensure our financial records are up-to-date. I extend my gratitude to all groups and individuals for your contributions over the past month. Your continued support is fundamental to our mission of reaching and aiding still-suffering alcoholics both within and beyond our community.

#### UPDATES:

**Year in Review 2023:** As we look back on 2023, a comprehensive review of our financials is underway. However, the final bank statements necessary for a complete analysis have yet to be received. Therefore, I plan to present a detailed financial report at our February meeting, including a complete expense breakdown for the year. I appreciate your patience as we compile these important documents to ensure our review is thorough and accurate.

**Credit Card & PayPal Update:** We have successfully activated and started using our credit card and reactivated the PayPal account. This significant step alleviates the financial burden previously carried by certain board members and also strengthens our adherence to the principle of self-support within AA. Moreover, it opens up opportunities for more members to participate in service roles, free from financial constraints.

**GIC Investments:** Previously, there were questions about our GIC investments and related penalties for cashing these in early. Currently, OAIG holds two GICs:

- Total initial investment: \$12,932.01
  - GIC #1: Valued at \$9,227.12, maturing on February 7, 2024.
  - GIC #2: Valued at \$5,017.80, maturing on November 22, 2024.
  - Total Current Valuation: \$14,244.92

Our advisor at BMO informed me that should we choose to cash in our GICs before their maturity date, we would face penalties that would likely erase interest earned and eat away at the principal, making it an unwise decision. She could not give exact numbers, as the method for "cashing them in" involves re-selling them on the market at a loss. Thus, the amount generated is variable.



Given this information, we will cash in GICs maturing this year. If we do not, they will auto-renew and once again be locked in for another set multi-year term.

As your Treasurer and trusted servant, I believe that the use of GICs does not align ideally with the concept of a prudent reserve, in which those funds are included. The essence of a prudent reserve is to ensure readily available funds to meet immediate and unforeseen expenses, maintaining the stability and continuity of our operations. By locking funds in GICs, especially with fixed maturity dates, we potentially compromise the liquidity that is essential for addressing urgent needs. This approach seems at odds with the fundamental purpose of a prudent reserve, which is to provide a financial safety net that is both accessible and flexible to the varying needs of our organization. As stewards of these funds, we must re-evaluate this strategy to ensure it aligns with our principles of financial prudence and responsibility.

If there are no objections, I will not pursue the purchase of new GICs on Intergroup's behalf and instead explore other options, such as a high-interest business savings account. Please discuss this with your group, and we can agree to next month's meeting.

**Prudent Reserve 2024 & Excess Funds:** For 2024, I propose we maintain our prudent reserve at the previously established amount of \$30,000. While there remains uncertainty regarding potential costs associated with transitioning to hybrid meetings, making decisions based on hypotheticals is not feasible. Our current prudent reserve is adequately positioned to cover such expenses, including any necessary equipment rentals.

Our financial standing is significantly above the \$30,000 prudent reserve mark. This leads us to the important decision of how best to utilize these excess funds. In a conversation with a representative from the General Service Office in July 2023 while in New York City, it was recommended that these funds be utilized within the area the Ottawa Area Intergroup serves. Several ideas for the allocation of these funds have already been proposed. These include sponsoring a Unity Day, contributing to the PI/CPC committee for their ongoing efforts, and making upgrades to our group office to enhance its functionality and security, such as installing window coverings for increased privacy and safety.

I urge all Intergroup representatives to initiate this conversation within your groups during your next business meeting. Please gather thoughts, opinions, and additional ideas, and bring them to our February meeting for a comprehensive discussion. You can also send your suggestions directly to me at treasurer@ottawaaa.org. This is a valuable opportunity for us to collectively decide on the most effective use of our resources, staying true to our primary purpose and the needs of our community.

Should you have any inquiries or require further details concerning this report or any financial matters, please do not hesitate to contact me at **treasurer@ottawaaa.org**.



Yours in loving service,

Stephan P.

Treasurer, Ottawa Area Intergroup of Alcoholics Anonymous

### Ottawa Area Intergroup of Alcoholics Anonymous

Balance Sheet Comparison

As of January 10, 2024

TOTAL

AS OF JAN. 10, 2024 AS OF JAN. 10, 2023 (PY)

Assets

**Current Assets** 

Cash and Cash Equivalent

10000 Cash in Bank 30,641.76 29,946.74 10550 GIC -Investments 12,932.01 12,932.01 Cash on hand 219.00 Chequing(7059) (deleted) 0.00 31,039.07 PayPal 0.00 0.00 PayPal Hold 0.00 0.00 12000 Cash on Hand for Deposit 0.00 69.01

Total Cash and Cash Equivalent \$43,792.77 \$73,986.83 Accounts Receivable (A/R)

11000 Accounts Receivable 0.00 0.00 **Total Accounts Receivable (A/R) \$0.00 \$0.00** 12030 Advance-Spring Conference 0.00 0.00 12040 Advance - Eastern Ontario Conference 0.00 1,000.00 12060 Advance to Canadathon 0.00 0.00 12100 Inventory Asset 12.11 12.11

13260 Literature Inventory 7,169.87 7,169.87 13270 Medallions and Other Inventory 2,492.25 2,492.25 13280 Meeting List Inventory 570.82 570.82 13290 Grapevine Inventory 3,036.22 3,036.22

**Total 12100 Inventory Asset 13,281.27 13,281.27** 13200 Prepaid Rent Mac Hall 0.00 368.00 13210 Prepaid Insurance 0.00 0.00 13211 Prepaid Website for AA 0.00 0.00 13240 Prpd Mc Nabb Sunday Mtng. Rent 0.00 -586.50 13241 Prepaid Rent Bronson 1,022.18 1,022.18 13250 Prepaid Legal & Accounting Fees 0.00 0.00 Credit Card Receivables 0.00 100.00 Uncategorized Asset 0.00 0.00

Total Current Assets \$58,096.22 \$89,171.78 Non-current Assets

Property, plant and equipment

13410 Office Furniture 5,230.65 5,260.65 13420 Accum Dprctn. Office Furniture -5,260.65 -5,260.65 13450 Leasehold Improvements 15,157.77 15,157.77 13451 Computer Equipment 2,496.82 2,496.82 13452 Accum Dprctn Computer Equipment -2,496.82 -2,496.82 13460 Accum Dprctn.Leasehold Imp -15,157.77 -15,157.77

Total Property, plant and equipment \$ -30.00 \$0.00 Total Non Current Assets \$ -30.00 \$0.00 Total Assets \$58,066.22 \$89,171.78

> Accrual Basis Wednesday, January 10, 2024 10:08 AM GMT-05:00 1/2 TOTAL

> > AS OF JAN. 10, 2024 AS OF JAN. 10, 2023 (PY)



Liabilities

**Current Liabilities** 

Accounts Payable (A/P)

20000 Accounts Payable 0.00 653.17 Total Accounts Payable (A/P) \$0.00 \$653.17 20100 Accrued Liabilities 0.00 0.00 23000 Payroll Taxes Payable -3.52 -3.52

23100 Payroll Federal Tax Payable -135.49 -135.49 23110 CPP Payable 3.33 3.33 23120 El Payable 135.68

Total 23000 Payroll Taxes Payable 0.00 0.00 23130 Salaries and Wages Payable 0.00 0.00 25500 GST/HST Payable Intrgrp Oprtns. -3,130.45 -744.36

25550 GST/HST Payable Spring Conf. -5.71 -5.71 25560 GST/HST Payable Fall Conf 674.43 674.43 **Total 25500** GST/HST Payable Intrgrp Oprtns. -2,461.73 -75.64 25600 Deferred Sales Revenue 0.00 0.00 Receiver General Suspense 860.85 343.41

Total Current Liabilities \$ -1,600.88 \$920.94 Total Liabilities \$ -1,600.88 \$920.94 Equity

30000 Opening Balance Equity 0.00 31,039.07 Retained Earnings 60,705.69 55,664.93 Profit for the year -1,038.59 1,546.84

Total Equity \$59,667.10 \$88,250.84 Total Liabilities and Equity \$58,066.22 \$89,171.78

Groups In Attendance	2024-01-08	
Voting		
Not Voting		
Group	Name	
12 & 12 @ 12		
12 & 3 Discussion		
12 Steps to Serenity		
Alta Vista 12 Step Group		
Attitude of Gratitude		
Awakening Group		
Barrhaven Tuesday Night	Dan	
Beacon Hill	Geraldine	
Bells Corners Big Book Discussion		
Beyond Belief Secular Group	Nick	
B-United	Steve	
By the Book		
Carp Fellowship Group		
Carry the Message		
Centennial		
Chelsea Group		
Co-founders Newcomer Meeting		



Conscious Contact - 11th Step Meditation		
East End Group		
Easy Does It Group	Marc J	
Fellowship Group		
First Avenue to Recovery		
Fourth Dimension	Sarah	
Freebirds		
Freedom	Jeff	
Friday Night Chelsea Big Book	Ray	
Friendly		
From the Heart		
Gleaning the Big Book		
H.O.P.E. Group		
Hand in Hand		
Happy Hour		
Heritage	Jim	
Hope in Recovery		
Hull Liberty		
Keep It Simple		
Labyrinth Young Peoples Group	Catherine	
Laurier-Sandy Hill		
Live and Let Live		
Lunch with Bill	Peter	Lily
Manotick Gratitude		
Men's AA Newcomers Group		
Merivale Group	Nicki	
Metcalfe Last Chance		
Morning Glory	Al	
New Day	Christopher	
New Day ONLINE	Randel	
Oasis	Thomas	
One Day at a Time (Online)		
Orleans Hub		
Orleans Noon		
Osgoode Step		
Ottawa Men's Group		



Ottawa South	Stephanie	
Peace and Serenity		
Pinecrest		
Podium/Hill Group		
Power Hour Virtual		
Queensway Carleton		
Rainbow		
Recovery on the Hill		
Remember When		
Richmond 11th Step		
Saturday Morning Big Book	David	
Search for Serenity	fraser	
Secular Sobriety Group		
Secular Sundays		
Serenity at Sunrise	Paul	
Share and Care		
Share and Care Saturday		
Sisters of Sobriety	Barb	
Spirit Group		
Spirit of Hope		
Spirit of the Universe		
Step By Step		
Step Sisters	Lorrie	
Stepping Ahead		
Steps on Bank	Charlene	
Stittsville Second Chance		
Sunday Morning Venture Group		
Sunday Night 12 Step Meeting		
Sunday Night Big Book Study Group		
Tuesday/Friday		
Unity Group		
Vanier Early Birds	Inga	
Vanier Happy Nooners		
Wakefield AA Awakenings		
We Can Recover		
West End Group	Tom	



Westboro Big Book Study - Joe and Charlie		
Saturday Westboro Speaker Meeting		
Women's Group		
Women in Step		
Voting Reps	25	

Position	Name
Chair	John D
Vice-Chair	Vacant
Secretary	Dick G
Treasurer	Stephan P
TAS Coordinator	Steve R
12 Step Coordinator	Vacant
Literature Coordinator	Walter H
Website / Email	Paul D
Newsletter Coordinator	Dawn-Marie M
Voting Board Members	7
Spring Conference Chair (2023)	
Eastern ON Conference Chair (2023)	
Intergroup Liaison D62 (2023)	
Intergroup Liaison D54 (2023)	
Ottawa Withdrawal Management Center	Pauline
Alt. Delegate Area 83 (2023)	Amy L

# Area 83, General Service-related Items: Report for January 10, 2024, Ottawa Intergroup meeting

**Upcoming events:** 

1. Area 83's Area Committee Meeting: January 13, 2024 10 am. Hybrid event, and the Agenda is at this link: <u>AGENDA</u>. Come hear what Area 83s Service Committees are doing.



- Area 83's Service Information Day, February 10, 2024. Full day of workshop on General Service topics. Online event Agenda available at : <u>https://area83aa.org/docs/events/2024/Spring\_2024\_SID\_Agenda.pdf</u>
- 3. **GSR workshop:** January 16<sup>th</sup>, Introductions and Discussions- Welcome new GSRs-and discussion about what to expect in 2024. *These sessions are open to anyone interested in General Service*.
- Area Spring Assembly April 5-7, 2024. Hybrid event taking place at St. Lawrence College in Kingston, Ontario. This event will have a first time Pre-Conference Agenda sharing workshops on Saturday of that weekend. More details to follow. Check out Area 83's Calendar of events for registration and agendas <u>Area 83 Alcoholics Anonymous - Calendar of Events (area83aa.org)</u>
- 5. Eastern Canada Delegates' Orientation (ECDO): March 17, 2024. Online Event In an effort to develop greater unity among the members, groups and areas of the Eastern Canada Region; we encourage the participation of our members with their input for their Delegate to attend the General Service Conference with the voice of their Area, fostering the Recovery, Unity and Service legacies of A.A. All members of A.A. are welcome to attend! Translation will be available. Details to follow.
- 2024 Eastern Canada Regional Forum August 23-25, 2024 Exciting opportunity (free of charge)!! The event is hosted by Area 83, IN YOUR CITY.... OTTAWA!! at the Delta Hotels by Marriott, In-Person Event
  - Forums are weekend-long sharing and informational sessions that provide unique opportunities to share and exchange valuable experience, ask questions and spark new ideas. They are also intended to help the General Service Board, A.A. World Services, and AA Grapevine, and G.S.O. and Grapevine staff members stay in touch with A.A. members, trusted servants and newcomers throughout the A.A. service structure. Regional Forums carry A.A.'s message of love and service by improving communication at all levels of our Fellowship.
- If anyone knows about online or in-person meetings available in other languages, I would be grateful to hear about them. It would be good to create a list of these meeting in other languages for our friends who would be more comfortable receiving the program in a language other than English. Please let me know (<u>Alt.delegate@area83aa.org</u>)

#### Bridge to Hope AA Meeting 希望之橋嗜酒者互诫协会 Wednesdays and Saturdays: 8pm Pacific Daylight Time (March to November) **11 pm EST** 7pm Pacific Standard Time (November to March) **10 pm EST** Zoom ID: 289 612 772 Passcode: unit

#### flyer for a Chinese online meeting (link to flyer is here):