

FINAL_2023 December 13 - Ottawa Area Intergroup Meeting

Opening and Introductions

Chair opened the meeting at 7:00 pm with a moment of silence, followed by the Serenity Prayer.

Reading of the 12 Traditions.

Roll Call and Voter count: 22 Intergroup Reps and 7 Board members.

Acceptance of Minutes from the Last Meeting:

November Minutes: Catherine B Labyrinth , Second: Steve H B-United **Approved.**

Acceptance of Current Agenda: Katerina Happy Nooners, Patti M Attitude of Gratitude **Approved**

Elections:

Eastern Ontario Conference

Vice Chair:

Darlene K 31 for, 1 against, 4 abstain - **ELECTED**

Spring Conference - No candidates

Telephone Answering - Steve R. Acclaimed

Newsletter - No candidate

Intergroup Vice-Chair - No candidate

New Business:

Katerina - East-a-thon request for \$500 donation

31 / 34 in favour

Hybrid Meeting Selection Committee

Jeff L - Freedom

Marc J - Easy Does It

Reports:

Eastern Ontario Conference - Kevin O. Chair:

-Looking for contacts for Hand in Hand, Podium Hill, Saturday Night Discussion

-Budget prevents downtown location

Chair - John D.

- Credit Card secured

Website- Paul D.

[Click to view December Report](#)

Secretary - Dick G.

- Send Intergroup Rep updates to secretary@ottawaaa.org
- **Attendance below**

Treasurer - Stephan P.

- **Report below**

Eastern Ontario Conference – Kevin O

- Looking for contacts for Hand in Hand, Podium Hill, Saturday Night Discussion
- Budget prevents downtown location

Area 83 Update – Amy L.

- **Report attached**

New Business:

- Katerina - East-a-thon request for \$500 donation
 - 31 / 34 in favour

Old Business:

- Hybrid Meeting Selection Committee
 - Jeff L - Freedom
 - Marc J - Easy Does It

Motion to close: Quin Oasis, Steve H B-United
Meeting closed at 8:15PM with the Responsibility Declaration.

Next meeting: January 10, 2024, at 7:00 pm

Zoom link:

<https://us02web.zoom.us/j/82438786359?pwd=a3FoYVl4eXlJVkVraGtjV3VXM2hOdz09>

Treasurer Report for OAIG – Dec. 13, 2023

As of December 12, 2023:

- Cash in Bank: \$30,314.38
- GIC Investments: \$12,932.01
- PayPal/PayPal Hold: \$538.21
- Cash on Hand: \$294.05
- **Total: \$44,124.65**

Dear Intergroup Representatives and Board Members,

As of today, Wednesday, December 13, 2023, all cash and cheques have been deposited into the Intergroup bank account. Thank you to all groups and individuals who contributed over the past month. Your continued support of Intergroup allows us to continue carrying the message to still-suffering alcoholics inside and outside of our rooms.

UPDATES:

EOC Funds & End of Year Book Balancing:

All funds from the Eastern Ontario Conference have been deposited. In January, post-holidays, I'll collaborate with our bookkeeper to ensure our balance sheets are accurate using the EOC Treasurer's notes. This reconciliation will allow for the maintenance of precise financial records and the closing of the books for 2023.

Credit Card Update:

Thanks to John's efforts in updating our corporate financial registration with the Province of Ontario, our application for a BMO credit card is complete. We're awaiting its arrival, expected by the end of December or early January. With a \$2,000 limit secured against our bank account, this credit card will prevent board members from shouldering large expenses. Scheduled to pay off its balance automatically each month, it will be used for essential web tool subscriptions and necessary expenses, avoiding any interest charges.

PayPal Account Issue:

The ongoing issue with our frozen PayPal account continues to be challenging. Numerous hours have been invested in resolving this, often facing procedural roadblocks. With our updated corporate documents, I've escalated the issue to PayPal's higher management and am awaiting their response.

Prudent Reserve, GICs, 2024 Budget & Extra Funds:

With the EOC funds nearly reconciled, we can now focus on setting a prudent reserve for 2024 and preparing a budget, which will likely be presented in our February meeting. Assuming our operations continue as currently, I'm forecasting a \$30,000 prudent reserve, in line with GSO's recommendation for a year's operating expenses. This leads us to consider using our excess funds, estimated between \$10,000 to \$15,000. I encourage Intergroup Representatives to discuss potential uses for these funds with their groups, like supporting PI/CPC initiatives or seeding a 2024 Alkathon/Holidayathon-style event should it come into the Intergroup fold. Your feedback will be invaluable in shaping our approach.

Should you have any inquiries or require further details concerning this report or any financial matters, please do not hesitate to contact me at treasurer@ottawaaa.org.

Yours in loving service,

Stephan P.

Treasurer, Ottawa Area Intergroup of Alcoholics Anonymous

Groups In Attendance	13-Dec	
Voting		
Not Voting		
Group	Name	
12 & 12 @ 12		
12 & 3 Discussion		
12 Steps to Serenity		
Alta Vista 12 Step Group		
Attitude of Gratitude	Patti M	
Awakening Group		
Barrhaven Tuesday Night	Dan	
Beacon Hill	Geraldine H	
Bells Corners Big Book Discussion		
Beyond Belief Secular Group	Nick D	
B-United	Steve H	
By the Book		
Carp Fellowship Group		
Carry the Message		
Centennial		
Chelsea Group		
Co-founders Newcomer Meeting		
Conscious Contact - 11th Step Meditation		
East End Group		
Easy Does It Group	Marc J	
Fellowship Group		
First Avenue to Recovery		
Fourth Dimension	Sara M	

Freebirds		
Freedom	Jeff L	
Friday Night Chelsea Big Book	Ray	
Friendly		
From the Heart		
Gleaning the Big Book		
H.O.P.E. Group		
Hand in Hand		
Happy Hour		
Heritage		
Hope in Recovery		
Hull Liberty		
Keep It Simple		
Labyrinth Young Peoples Group	Catherine B	
Laurier-Sandy Hill		
Live and Let Live		
Lunch with Bill	Peter I	Lily
Manotick Gratitude		
Men's AA Newcomers Group		
Merivale Group	Steve C	
Metcalfe Last Chance		
Morning Glory	Al L	
New Day	Christopher	
New Day ONLINE	Randel	
Oasis	Quin	
One Day at a Time (Online)		
Orleans Hub		
Orleans Noon		
Osgoode Step		
Ottawa Men's Group		
Ottawa South	Stephanie L	
Peace and Serenity		
Pinecrest	Kevin M	
Podium/Hill Group		
Power Hour Virtual		
Queensway Carleton		

Rainbow		
Recovery on the Hill	Mark W	
Remember When		
Richmond 11th Step		
Saturday Morning Big Book	David C	
Search for Serenity	Fraser	
Secular Sobriety Group		
Secular Sundays		
Serenity at Sunrise	Paul A	
Share and Care		
Share and Care Saturday		
Sisters of Sobriety	Barb C	
Spirit Group		
Spirit of Hope		
Spirit of the Universe		
Step By Step		
Step Sisters	Lorrie	
Stepping Ahead	Nicki	
Steps on Bank	Charlene	
Stittsville Second Chance		
Sunday Morning Venture Group		
Sunday Night 12 Step Meeting		
Sunday Night Big Book Study Group		
Tuesday/Friday	Brendon R	
Unity Group		
Vanier Early Birds	Inga B	
Vanier Happy Nooners	Katerina	Carson
Wakefield AA Awakenings		
We Can Recover		
West End Group	Tom K	
Westboro Big Book Study - Joe and Charlie		
Saturday Westboro Speaker Meeting		
Women's Group		
Women in Step		
Voting Reps	30	2

Attendance (Intergroup Board, Committee Reps, Liaisons)		
Position	Name	
Chair	John D	
Vice-Chair	Vacant	
Secretary	Dick G	
Treasurer	Stephan P	
TAS Coordinator	Eric S	
12 Step Coordinator	Steve R	
Literature Coordinator	Walter H	
Website / Email	Paul D	
Newsletter Coordinator	Dawn-Marie M	
Voting Board Members	8	
Spring Conference Chair (2023)	Vacant	
Eastern ON Conference Chair (2023)	Kevin O	
Intergroup Liaison D62 (2023)		
Intergroup Liaison D54 (2023)		
Ottawa Withdrawal Management Center		
Alt. Delegate Area 83 (2023)	Amy L	

Area 83, General Service-related Items: Report for December 13, 2023, Ottawa Intergroup meeting

- SAVE THE DATE:** Exciting opportunity (free of charge)!! The 2024 Eastern Canada Regional Forum will be hosted by Area 83, IN YOUR CITY.... OTTAWA!! on **August 23-25, 2024** in the Delta Hotels by Marriott, In-Person Event

 - Forums are weekend-long sharing and informational sessions that provide unique opportunities to share and exchange valuable experience, ask questions and spark new ideas. They are also intended to help the General Service Board, A.A. World Services, and AA Grapevine, and G.S.O. and Grapevine staff members stay in touch with A.A. members, trusted servants and newcomers throughout the A.A. service structure. Regional Forums carry A.A.'s message of love and service by improving communication at all levels of our Fellowship.
- SAVE THE DATE:** **March 17, 2024** Eastern Canada Delegates' Orientation. Online Event

The purpose of this event is to prepare Delegates for the General Service Conference (GSC) which will be held April 24-30, 2022. The Alternate Delegates will also be taking part in this event.

We are striving to develop greater unity among the members, groups and areas of the Eastern Canada Region; to encourage the participation of our members with their input for their Delegate to attend the General Service Conference with the voice of their Area, fostering the Recovery, Unity and Service legacies of A.A.

All members of A.A. are welcome to attend!

Translation will be available.

3. **SAVE THE DATE: Area 83's Service Information Day**, that usually is a 1-day event of Service-related workshops on the day before the Spring Assembly will take place as an ONLINE event on **February 10, 2024**. More information and an agenda will follow in the new year.
4. The Workshops for GSRs (formerly called GSR sessions) meets on the 3rd Tuesday of the month at 8 pm. Upcoming activities will include:
 - **December 19th**, **“Generating Interest in Concepts- What a CONCEPT!”** How to generate interest in the aforementioned within your Groups and Districts
 - **January 16th**, Introductions and Discussions- Welcome new GSRs-and discussion about what to expect in 2024.

These sessions are open to anyone interested in General Service.

5. Following the October 28-31, 2023 the General Service Board has compiled the list of Preliminary **Agenda Items for the 74th General Service Conference**.
 - In January, the final list will be available.
 - After 15 February 2024 Agenda Items with Background information (in French, English and Spanish)



Theme for the 74th General Service Conference **“Connecting with Love, Unity and Service”** With workshop topic of **“Connecting Home Groups to the Conference Throughout the Year, to Better Inform the Group’s Conscience.”**

There are events and opportunities in which AA members in Area 83 can make this connection. Remember, communication happens in both directions.

January – Area Committee Meeting (Hybrid)

February – Release of Agenda Items for the General Service Conference

February 10 – Area 83 Service Information Day (Workshops)

March 17– Eastern Canada Delegates’ Orientation

Spring – Box 4-5-9

April 5–7– Assembly (Delegate Plenary) (PreConference Agenda Sharing on Saturday 6 April 2024)

May - June – Delegate Report Backs

June 8– Area Committee Meeting (Hybrid)

July –

August – Eastern Canada Region Trustee’s report (from July Board Meeting)
Summer – Box 4-5-9
September – Final Conference Report and ACM
October – Assembly (Delegate Plenary) (Conference topics discussed in workshops)
Fall – Box 4-5-9
November – ECRT Report (from October Board Meeting)
December – Area Committee Meeting (Hybrid)
Winter – Box 4-5-9

Outside of these events, I assure you that the Delegate of Area 83 is always available to field any questions or concerns you may have. He can be reached at Delegate@Area83aa.org

6. If anyone knows about online or in-person meetings available in other languages, I would be grateful to hear about them. It would be good to create a list of these meeting in other languages for our friends who would be more comfortable receiving the program in a language other than English. Please let me know (Alt.delegate@area83aa.org)

flyer for a Chinese online meeting (link to flyer is [here](#)):

Bridge to Hope AA Meeting 希望之橋嗜酒者互誠協會

Wednesdays and Saturdays:

8pm Pacific Daylight Time (March to November) **11 pm EST**

7pm Pacific Standard Time (November to March) **10 pm EST**

Zoom ID: 289 612 772

Passcode: unity

