

## FINAL\_2023 October 11 - Ottawa Area Intergroup Meeting

### **Opening and Introductions**

Chair opened the meeting at 7:00 pm with a moment of silence, followed by the Serenity Prayer.

Reading of the 12 Traditions.

**Roll Call and Voter count:** 27 Intergroup Reps and 7 Board members.

### **Acceptance of Minutes from the Last Meeting:**

September Minutes: not approved.

**Acceptance of Current Agenda:** No formal agenda.

### **Reports:**

#### Chair - John D.

- Vacant positions, Vice-Chair, Spring Conference, and Newsletter. Positions coming up in January, Telephone Answering.
- Hybrid meetings
  - Intergroup Office has limitations: other events, parking, noise, Wi-Fi, etc.
  - Richelieu Centre: inexpensive, good parking, Wi-Fi, no lease, not central
  - ? Christopher, New Day. District 62 is investigating hybrid meetings.

#### Treasurer - Stephan P. absent

- **Report attached.**
- Large cash on hand due to Eastern Ontario Conference funds
- New bookkeeper contact
- Negative balance for insurance in last month's report due automated error
- Group insurance is paid to Cooperators.
  - coverage extended outside of the Ottawa area.
- Prudent reserve estimate not known at this time: hybrid costs, printing costs.

#### Literature – Walter H.

- Many Grapevine books are not selling. Will be discounted at the Eastern Ontario Conference. Reduce price to \$10. Reduce the number of titles to 15. Books that don't sell will be donated to CFT.

#### Newsletter – Dawn-Marie M.

- Looking for submissions
- Continuing with the month/step theme
- Don't forget to subscribe to the newsletter distribution.
  - <https://ottawaaa.org/contact-us/> or email [newsletter@ottawaaa.org](mailto:newsletter@ottawaaa.org)
- Reviewed Newsletter Coordinator role/responsibilities.

12 Step Coordinator – Steve R.

- 61 members on the 12 Step caller list
- 40 12-Step follow-ups

Telephone Answering Service – Eric S.

- <Audio problems>
- Call for volunteers.
- Reviewed TAS Coordinator role/responsibilities.

Website Coordinator – Paul D.

- **Report Link** <https://ottawaaa.org/wp-content/uploads/2023/10/OCT23WebmasterReport.pdf>
- Attended National AA Technology Workshop

Area 83 Update – Amy L.

- **Report attached.**

Secretary - Dick G.

- Regrets

Eastern Ontario Conference – Kerry.

- Absent

**New Business:**

- Stephan - Bequests; Does Intergroup need the revenue from a bequest? Could be better used by other parts of the service structure.
  - Fraser - Why not have Intergroup accept bequests and send it to where needed?
- Steve B. - Has Intergroup considered restarting the 11:00 a.m. Sunday McNabb meeting?  
John - to be reviewed.
  - Al L - review bylaws, the McNabb meeting may be codified.
- Heather - Announcement of Music in Recovery is held at Richelieu Centre at 1:30 p.m. on Saturdays.

**Old Business:**

Meeting closed at 8:16 PM with the Responsibility Declaration.

Next meeting: November 8, 2023, at 7:00 pm

Zoom link:

<https://us02web.zoom.us/j/82438786359?pwd=a3FoYVl4eXlJVVkVraGtjV3VXM2hOdz09>

# Treasurer Report for OAIG – Oct. 11, 2023

As of September 12, 2023:

- Cash in Bank: \$43,140.49 (OAIG/EOC)
- GIC Investments: \$12,932.01
- PayPal/PayPal Hold: \$538.21
- Cash on Hand: \$211.00
- **Total: \$56,821.71**

Dear Intergroup Representatives and Board Members,

Firstly, heartfelt thanks to all groups for your ongoing contributions and support. As of last Tuesday, October 3rd, all cheques and cash have been deposited. We truly value your contributions, which allow us to fulfill our mission of carrying the message to the still-suffering alcoholic. Another trip to the Intergroup office is scheduled for the coming weeks to sort through any financial matters.

Our current total funds are a blend of both OAIG and Eastern Ontario Conference monies. A detailed breakdown will be available in November once the EOC Treasurer, our bookkeeper, and I reconcile the accounts. We are in good financial standing, and we continue to welcome your valued contributions.

**New Bookkeeper Update:** Our former bookkeeper sold his practice in August and informed us last week. He will remain as an advisor for a year, and our rates will remain unchanged. His practice was sold to the firm that handled our unfiled tax returns with a generous discount. All parties have been quite accommodating, making for a seamless transition.

**Last Month's Queries:** The negative balance for "Paid Insurance" was due to an automated entry in QuickBooks, which our new bookkeeper is correcting. A full spending and income statement will be finalized after the EOC banquet and will be available in November.

**Credit Card & PayPal:** Both are pending due to the need to update our Government of Ontario Corporate Profile. As an incorporated not-for-profit organization, this update is vital for legally recognizing myself and our Chairperson, John D., as OAIG directors and officers. This is underway, and we are waiting for the update. Special appreciation goes to Paul (Webmaster) and Walter (Literature Coordinator) for bearing financial responsibilities between reimbursements while we resolve this matter.

**Group Insurance Coverage:** I'd like to reiterate the information from last month's report regarding our insurance policy. If you missed it or have questions, please refer to last month's details or contact Stacey Mandigo directly.

Stacey at Co-operators has extended the policy to any group in Eastern Ontario struggling with high premiums. For specific geographical details, please contact Stacey directly with the information provided below:

Stacey Mandigo | Commercial Insurance Specialist  
Michelle & Associates Inc. | Co-operators  
480 Somerset Street West, Ottawa, ON K1R 5J8 Tel:  
613-236-0781 Fax: 613-236-3266

Reminder for Insurance: The annual premium is \$105.00 plus 8% Sales Tax, totaling \$113.40. A form detailing the registration process and costs will be attached to my report.

**Bequeathments:** We've received an inquiry about a bequeathment from a departed member. OAIG, being a central service office, can set its own limits. Our documents don't specify one, though the [GSO in New York limits this to \\$10,000](#). I suggest we discuss this further under new business at our meetings.

As we close, I extend my gratitude for your unwavering commitment and support. If you have any questions or need additional information regarding this report or any other financial aspects, please feel free to reach out at [treasurer@ottawaaa.org](mailto:treasurer@ottawaaa.org).

Yours in loving service,

*Stephan P.*

Treasurer, Ottawa Area Intergroup of Alcoholics Anonymous

## Intergroup Attendance

| Groups In Attendance                     | 11-Oct      |  |
|--|-------------|--|
| Voting                                   |             |  |
| Not Voting                               |             |  |
| Group                                    | Name        |  |
| 12 & 12 @ 12                             |             |  |
| 12 & 3 Discussion                        |             |  |
| 12 Steps to Serenity                     |             |  |
| Alta Vista 12 Step Group                 |             |  |
| Attitude of Gratitude                    |             |  |
| Awakening Group                          |             |  |
| Barrhaven Tuesday Night                  |             |  |
| Beacon Hill                              | Geraldine H |  |
| Bells Corners Big Book Discussion        |             |  |
| Beyond Belief Secular Group              | Nick D      |  |
| B-United                                 | Steve H     |  |
| By the Book                              |             |  |
| Carp Fellowship Group                    |             |  |
| Carry the Message                        |             |  |
| Centennial                               |             |  |
| Chelsea Group                            |             |  |
| Co-founders Newcomer Meeting             |             |  |
| Conscious Contact - 11th Step Meditation |             |  |
| East End Group                           |             |  |
| Easy Does It Group                       |             |  |
| Fellowship Group                         |             |  |
| First Avenue to Recovery                 |             |  |
| Fourth Dimension                         |             |  |
| Freebirds                                |             |  |
| Freedom                                  | Jeff L      |  |
| Friday Night Chelsea Big Book            | Ray         |  |
| Friendly                                 |             |  |
| From the Heart                           |             |  |
| Gleaning the Big Book                    |             |  |
| H.O.P.E. Group                           |             |  |
| Hand in Hand                             | Mike        |  |
| Heritage                                 | Jim M       |  |
| Hope in Recovery                         |             |  |
| Hull Liberty                             |             |  |

|                               |             |          |
|-------------------------------|-------------|----------|
| Keep It Simple                |             |          |
| Labyrinth Young Peoples Group | Catherine B |          |
| Laurier-Sandy Hill            |             |          |
| Live and Let Live             |             |          |
| Lunch with Bill               |             |          |
| Manotick Gratitude            |             |          |
| Men's AA Newcomers Group      | Ben A       |          |
| Merivale Group                | Steve C     |          |
| Metcalfe Last Chance          |             |          |
| Morning Glory                 | Al L        |          |
| New Day                       | Christopher |          |
| New Day ONLINE                |             |          |
| Oasis                         |             |          |
| One Day at a Time (Online)    |             |          |
| Orleans Hub                   |             |          |
| Orleans Noon                  |             |          |
| Osgoode Step                  |             |          |
| Ottawa Men's Group            |             |          |
| Ottawa South                  | Stephanie N |          |
| Pinecrest                     | Kerry O     |          |
| Podium/Hill Group             |             | Sheila A |
| Power Hour Virtual            |             |          |
| Queensway Carleton            |             |          |
| Rainbow                       |             |          |
| Recovery on the Hill          |             |          |
| Remember When                 |             |          |
| Richmond 11th Step            |             |          |
| Saturday Morning Big Book     | David C     |          |
| Search for Serenity           | Fraser M    |          |
| Secular Sobriety Group        |             |          |
| Secular Sundays               |             |          |
| Serenity at Sunrise           | Paul A      |          |
| Share and Care                |             |          |
| Share and Care Saturday       |             |          |
| Sisters of Sobriety           | Barb C      |          |
| Spirit Group                  |             |          |
| Spirit of Hope                |             |          |
| Spirit of the Universe        | Chris M     |          |
| Step By Step                  |             |          |
| Step Sisters                  | Lorrie      |          |

|   |              |  |
|---|--------------|--|
| Stepping Ahead  | Nicky S      |  |
| Stittsville Second Chance   |              |  |
| Sunday Morning Venture Group  |              |  |
| Sunday Night 12 Step Meeting  |              |  |
| Sunday Night Big Book Study Group                                     |              |  |
| Tuesday/Friday  | Brendon R    |  |
| Unity Group   |              |  |
| Vanier Early Birds  | Inga B       |  |
| Vanier Happy Nooners  | Katerina B   |  |
| Wakefield AA Awakenings   |              |  |
| We Can Recover  |              |  |
| West End Group  | Tom K        |  |
| Westboro Big Book Study - Joe and Charlie                             | Yvonne P     |  |
| Women's Group   |              |  |
| Women in Step   |              |  |
| Voting Reps   | 27           |  |
|   |              |  |
|   |              |  |
| <b><u>Attendance (Intergroup Board, Committee Reps, Liaisons)</u></b> |              |  |
| Position  | Name         |  |
| Chair   | John D       |  |
| Vice-Chair  | Vacant       |  |
| Secretary   | Absent       |  |
| Treasurer   | Stephan P    |  |
| TAS Coordinator   | Eric S       |  |
| 12 Step Coordinator   | Steve R      |  |
| Literature Coordinator  | Walter H     |  |
| Website / Email   | Paul D       |  |
| Newsletter Coordinator  | Dawn-Marie M |  |
| Voting Board Members  | 7            |  |
|   |              |  |
| Spring Conference Chair (2023)  | Vacant       |  |
| Eastern ON Conference Chair (2023)                                    |              |  |
| Intergroup Liaison D62 (2023)   |              |  |
| Intergroup Liaison D54 (2023)   |              |  |
| Ottawa Withdrawal Management Center                                   | Pauline E    |  |
| Alt. Delegate Area 83 (2023)  | Amy L        |  |
| Guest   | Mark J       |  |
| Guest   | Heather      |  |

## Area 83, General Service related Items: Report for October 11, 2023, Ottawa Intergroup meeting

### 1. Area 83 Assembly, Kingston, Ontario- October 27-29

Details for the weekend are available on Area 83's website

<https://area83aa.org/about-area-83/area-assembly>  
with some great downloads for the Assembly weekend.

- ✔ [All Members Assembly Invitation](#)
- ✔ [GSR Assembly Invitation](#)
- ✔ [Service Information Day Agenda](#)
- ✔ [Area Assembly Agenda](#)

These can also be found on Area83's glide app:

<https://area83communications.glideapp.io/>

Links for Booking Rooms, the Agenda for the Service Information Day are available and the agenda for and Sunday Business meeting are available.

### 2. The Workshops for GSRs (formerly called GSR sessions) meeting on the 3<sup>rd</sup> Tuesday of the month at 8 pm will include:

- and on **October 17<sup>th</sup>**, “**Service Manual, Area 83 Ops and Service Sponsorship**”
- **November 21<sup>st</sup>**, “**Reporting back to your group after the Assembly weekend**”

*These sessions are open to anyone interested in General Service.*

### 3. In my attendance as the Liaison with the remote communities for Area 83, I have been exposed to some brilliant and enthusiastic AA members trying to connect friends who may be isolated by culture, geography or language. One of these members on the committee shared a **flyer for a Chinese online meeting** (link to flyer is [here](#)):

4.

Bridge to Hope AA Meeting 希望之橋嗜酒者互誠協會

Wednesdays and Saturdays:

8pm Pacific Daylight Time (March to November) **11 pm EST**

7pm Pacific Standard Time (November to March)

Zoom ID: 289 612 772

Passcode: unity



~~On that note, if there are any online meetings available in other languages, I would be grateful to hear about them. It would be good to create a list of these meeting in other languages for our friends who would be more comfortable~~



receiving the program in a language other than English. Please let me know  
([Alt.delegate@area83aa.org](mailto:Alt.delegate@area83aa.org))