

Eastern Ontario Conference It Works, It Really Does! Scheduled Events-Main Conference Room

Friday, October 20, 2023

10am-Registration

11am-Panel-The Common Good

1:00pm-Alanon Topic TBD

2:30pmPanel-No Mental Defense

3:30pmPanel-Group of Principles

5pm -Shotgun Meeting-Peggy F.

6:30pm-Conference Opening Remarks

7pm-Opening Speaker Meeting-Marty C Hamilton ON

9pm-Friday Night Comedy

**featuring Stand Up Comedian-Bobby K- Followed by a speaker meeting-
Amanda B-Ottawa**

Saturday, October 21, 2023

8:00am-Registration begins.

9:00am-Guided Meditation-John A. Ottawa

10:00am-Panel, A spiritual Experience

11:30am-Alanon, Topic TBD

1:00pm-Panel-Many Paths

2:30pm-Speaker-Jay H, Brockville ON

5:30pm-doors open for banquet

**7:00pm- Closing Remarks,
Including introduction of the Vice Chair, Introduction of Intergroup Chair**

7:15pm-Sobriety Countdown-Kerry O

8:00pm- Closing Meeting-Paula P, Oregon USA