

Ottawa Spring Conference



Rocketed Into a Fourth Dimension

AA Speakers and Panels Main Hall

9:00 AM "Self-Searching – Steps 4 and 5"

Panel 1 *Lola S – Beacon Hill*
Pat H – Beacon Hill
Lou G – Hull Liberty
Chair – Marc J – Hull Liberty

10:30 AM "Letting Go – A New World Spirit"

Panel 2 *Andrea C – From the Heart*
Ty P – Ottawa South
Hannah A – By the Book
Chair – Jocelyne B – Freedom

12:30 PM "Living Life with the 12 Steps"

Panel 3 *Darlene K – Beacon Hill*
Karen A – Stepping Ahead
Line C – Je suis responsable
Chair – Josee G – Beacon Hill

2:00 PM Afternoon Speaker

Corinne M – Montreal, Quebec

3:30 PM "Working with Others – Step 12"

Panel 4 *Dan L – Podium/Hill Group*
Bruce M – Hand in Hand
Kevin M – Freedom
Chair – Phil R – The Friendly Group

6:30 PM BANQUET

Clear Main Hall for Set-up 4:30 PM / Seating Begins 6 PM

7:45 PM A Message from Intergroup

8:00 PM Evening Speaker

Garnet W – Saskatoon, Saskatchewan

9:15 PM Sobriety Countdown – led by Kerry O

9:30 PM Celebrity DJ and Dancing

*****Schedule Subject to Change*****

Venue

The 2019 Ottawa Spring Conference will be held **April 13th** at

The Hellenic Meeting & Reception Centre

1315 Prince of Wales Drive
Ottawa, ON K2C 1N2

Doors open at 8:00 am

Parking

Free Parking is available on-site.

Buses

The venue is accessible via **Bus 111** (Prince of Wales / Dynes Road Stop) via transfer from **Routes 87, 88 or 104** Billings Bridge

Hospitality-Fellowship

Downstairs Hall

will be open from **10 AM** serving snacks and beverages while supplies last.

7th Tradition and snack food donations are appreciated.

Service Tables

will be stationed on the main floor throughout the day; including Ottawa Area Intergroup, Al-Anon Information Service, Archives, Public Information and Cooperation with the Professional Community and Corrections & Treatment Facilities.

Questions? Please contact spring@ottawaaa.org

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AA Meditation Stage Area

8:30 AM Guided Meditation
Kier K – Conscious Contact

3:00 PM Guided Meditation
Kier K – Conscious Contact

AI-Anon Schedule Adonis Hall

9:00 AM “We Are as Sick as Our Secrets”
Panelists – Allana N, Marcel M, Karen B
Chair – Laurel B

10:30 AM “Spiritual Gifts of the Program”
Panelists - Brenda M, Mona F, Nadia P
Chair – Natalie R

1:00 PM “Remarkable Path of Spiritual Growth”
Keynote Speaker:
Jason W (Chair – Ontario South Assembly)
Chair – Chrisann R

2:30 PM “My Remarkable Journey of the Spirit”
Panelists – Leeanne P, Andreyra R
Chair – Barb B

*****Schedule Subject to Change*****

Registration

Registration without banquet is **\$10.00** in advance or **\$15.00** at the door. Tickets are available from committee members and your group's Intergroup or General Service Representative.

Evening Speaker & Dance only admission (after 7:30 PM) is **\$5.00** at the door or online.

Electronic tickets* are available at spring.ottawaaaa.org.

Registration with banquet is **\$55.00** and can be made by **credit card** or by **cheque**. Printable forms (for cheque payments) and online payment* options are available at spring.ottawaaaa.org.

Banquet tickets cannot be purchased at the door.

* a convenience fee applies to online orders

Volunteer

If you would like to volunteer for setup, teardown, registration, as a greeter or with hospitality, register online or email us at spring@ottawaaa.org.

Please include your name, sobriety date and availability.

Contributions

We are grateful for any financial assistance towards covering the cost of our event. Group contributions can be given to Spring Conference Committee members or mailed to:

**Spring Conference,
211 Bronson Ave., Suite 108
Ottawa, ON K1R 6H5**

Questions? Please contact spring@ottawaaa.org